ACNE SCAR TREATMENTS

FOCAL ACNE SCAR TREATMENT (F.A.S.T.)

Our most popular and most effective acne scar treatment is the fractional Acne Scar Treatment (F.A.S.T.) procedure, which combines Subcision, fillers and with two different fractional lasers and delivers outstanding results in a short period of time. Best for patients with pitted acne scars, rolling acne scars & dark or red marks.

FRACTIONAL CO2 LASER

The most aggressive and advanced laser treatment for acne scars. This procedure is ideal for patients with deep-pitted acne scars. This is a single laser treatment session with usually about 5-7 days of downtime after resurfacing. Best for patients with pitted acne scars or rolling acne scars.

FREXEL DUAL LASER

Using the 1550 nm Wavelength, this non-ablative resurfacing laser is a great treatment for patients with pitted scars after years of acne. Multiple treatments are always needed to obtain desired results. Usually, treatment sessions are spaced every 3-4 weeks.

KTP LASER

The KTP laser is used to treat blood vessels on the face and redness from rosacea. The KTP laser treatment can give a dramatic improvement in the appearance of redness and blood vessels in only one to three treatments. Best for patients with red marks left from acne, rosacea or blood vessels.

IPL

IPL or Intense Pulsed Light (aka Photofacial) uses a broad spectrum of light to target melanin (the pigmented cells forming sun spots and pigmentation after acne lesions) and hemoglobin (the red cells that are found in blood vessels and redness that remains after acne lesions). Best for acne scar patients with red marks left from acne.

PRP (PLATELET RICH PLASMA) INJECTIONS

Platelet Rich Plasma Injections with SELPHYL use a special technique to create a gel-like substance rich in growth factors, made from your own blood, to be injected into your acne scar sites. Best for patients seeking a treatment with minimal downtime.

MICRODERMABRASION

Microdermabrasion is an in-office treatment that uses diamond exfoliating to remove the superficial layers of the skin, in order to improve the texture and tone of the skin. Best for acne scar patients with red or brown marks left from acne.

ISOLAZ

Isolaz is an acne treatment designed to clean out your pores and destroy the bacteria that causes acne. A gentle vacuum cleans your pores, while a laser simultaneously kills the acne bacteria. Blue Light works directly to kill acne-causing bacteria and Red Light aids in the reduction of residual red marks from old acne. Best for patients with blackheads and whiteheads.

PHOTODYNAMIC THERAPY

PDT results in (1) Direct killing of the bacteria that cause acne; (2) Modification of oil glands that harbor the acne-causing bacteria with results in long-lasting remissions of breakouts; and (3) Reduction of the residual redness from old acne spots. Best for patients with cystic and hormonal acne.

ANTIBIOTICS

The main mechanism that antibiotics use to treat inflammatory acne is to decrease the amount of p. acnes bacteria around the pore. Antibiotics also work by reducing the concentration of free fatty acids in the sebum; free fatty acids promote inflammation and may cause comedones. Depending on the severity of your acne, may be give a topical or an oral antibiotic or both. Best for patients with mild to severe acne.

EXTRACTIONS

After a steam, the esthetician manually extracts blackheads and whiteheads to clean and purify the skin. Next, a professional chemical peeling agent is applied to help exfoliate dead skin, open the pores and even the skin tone. Best for patients with blackheads, whiteheads and pink bumps.

CORTISONE INJECTION

Cortisone injections contain a low concentration of an anti-inflammatory medication called Triamcinolone, which is a steroid medication. It is injected right into the acne lesion while it is flaring. Over the next 24-48 hours, the anti-inflammatory effects of Triamcinolone take effect and the acne lesion will flatten out. Best for patient with cystic acne.

ACNE PIGMENTATION TREATMENTS

CHEMICAL PEELS

A peeling agent, such as glycolic acid, is applied to the skin for a brief amount of time to remove the top layers of skin. A chemical peel helps remove dead skin cells and melanin. Best for patients with breakouts, acne scars and marks.

IPL

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FREXEL DUAL LASER

Using the 1927 nm wavelength, this non-ablative resurfacing laser is a great treatment for patients with pigmentation alteration after years of acne. Multiple treatments are always needed to obtain desired results. Usually, treatment sessions are spaced every 3-4 weeks.